LetsCo
by Sarah & Miriam

My name is Miriam Hemelsoet.
I'm 43 years old.
I have three children.
I work four days in a week.
To work for equal rights for everybody is my motive.

My name is Sarah Willems.
I'm 26 years old.
I live independently.
I work three days in a week:
one day in a nursery school and two days at the reception of the townhall.
Being among people is very important to me.

The most important thing in the course is discovering your own talents and the fact that you can grow in it.

Mijn talenten in de kleuterklas

Sarah

Opleiding
Co-begeleider in de kleuterklas

Beweeg- en expressietalent

-Spreken voor een groep

-Experimenteren met koken
-Knutselen

Talent voor anderen

-Grappen en verhalen vertellen

-Troosten van kleuters
-Aandacht voor ieder kind

-Komt met iedereen overeen
-Spontane omgang kleuters

-Werkt respectvol samen
-Durft de leiding nemen
-Kan grenzen stellen

Denktalent

-Denkt na over de wereld. Vb. Opkomen voor personen in een rolstoel
-Reflecteert op over eigen activiteiten
-Leergierig en stelt vragen

Talent voor mezelf

-Kookt als ontspanning

-Zorg voor uiterlijk en kledij
-Zelfstandig. Vb. Alleen wonen.
-Weet wat ze kan

Werktalent

-Ziet werk
-Gedreven in haar werk
-Durver. Vb. Uit rolstoel komen voor oefening.
-Activiteiten plannen en voorbereiden
-Oog voor details

How did we find my talents?

Part 1 of the course:

Four days of training before the start of the traineeship.

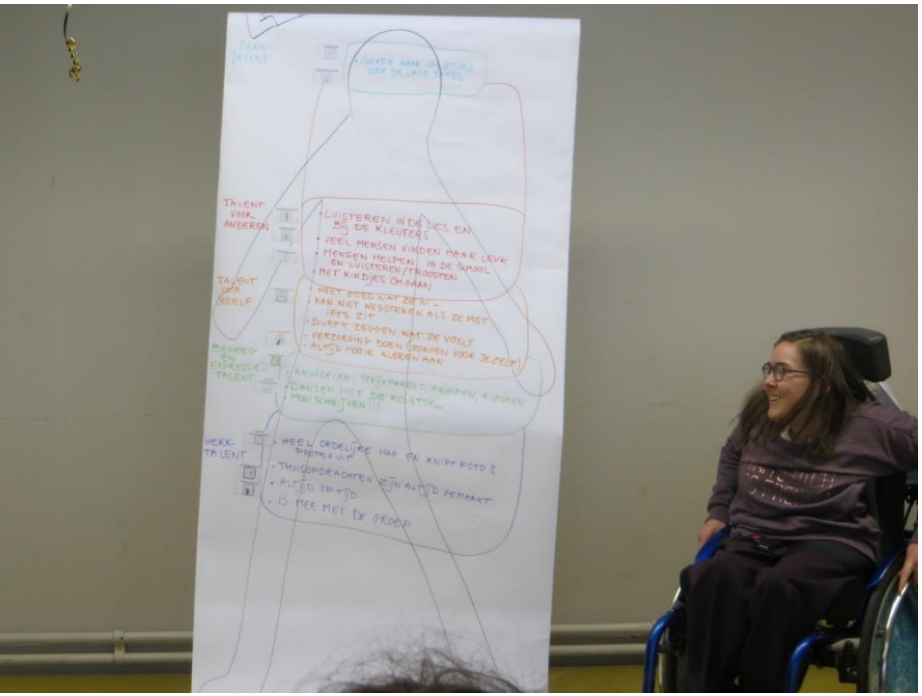
In our group of 8 students, everyone is different according to age or education, but still we hang together very well.

The first things we learn are about pre-school children and nursery schools.

Rather quickly we went to the practice school. The children came to me and wanted to push my wheelchair.

After four days of training the jobcoaches attend the course. They draw our silhouette on paper and together we write down our talents.

Every trainee presents his talents.
I was rather nervous, but as soon as I started to talk it went by itself.



Based on the talents we prepare the tasks for the traineeship, in cooperation with Miss Hilde.

Part 2 of the course
Start of the traineeship:
1 day /week
+
10 days of training
go side by side.

The children come to me directly. They quarrel about who has the right to sit on my lab.
They do not judge.
First of all they see me and not my wheelchair.

The nursery school teachers attend the course for half a day.

Together with my colleague Miss Hilde we prepare my activity “Baking biscuits”.

I learn more about “cooking with pre-school kids” in the workshop of the course.

Then it’s time for my own activity : baking biscuits with the children.
There would be 4 steps, but the children didn’t have the patience for it..

I also liked the workshop “Puppet theatre”, especially the figure of Miss Piggy..
I recognised myself in her and laughed out loud!

It’s important to be able to stand up for yourself and learn to say what you think.
That’s what we learned in the workshop ’Assertiveness’.

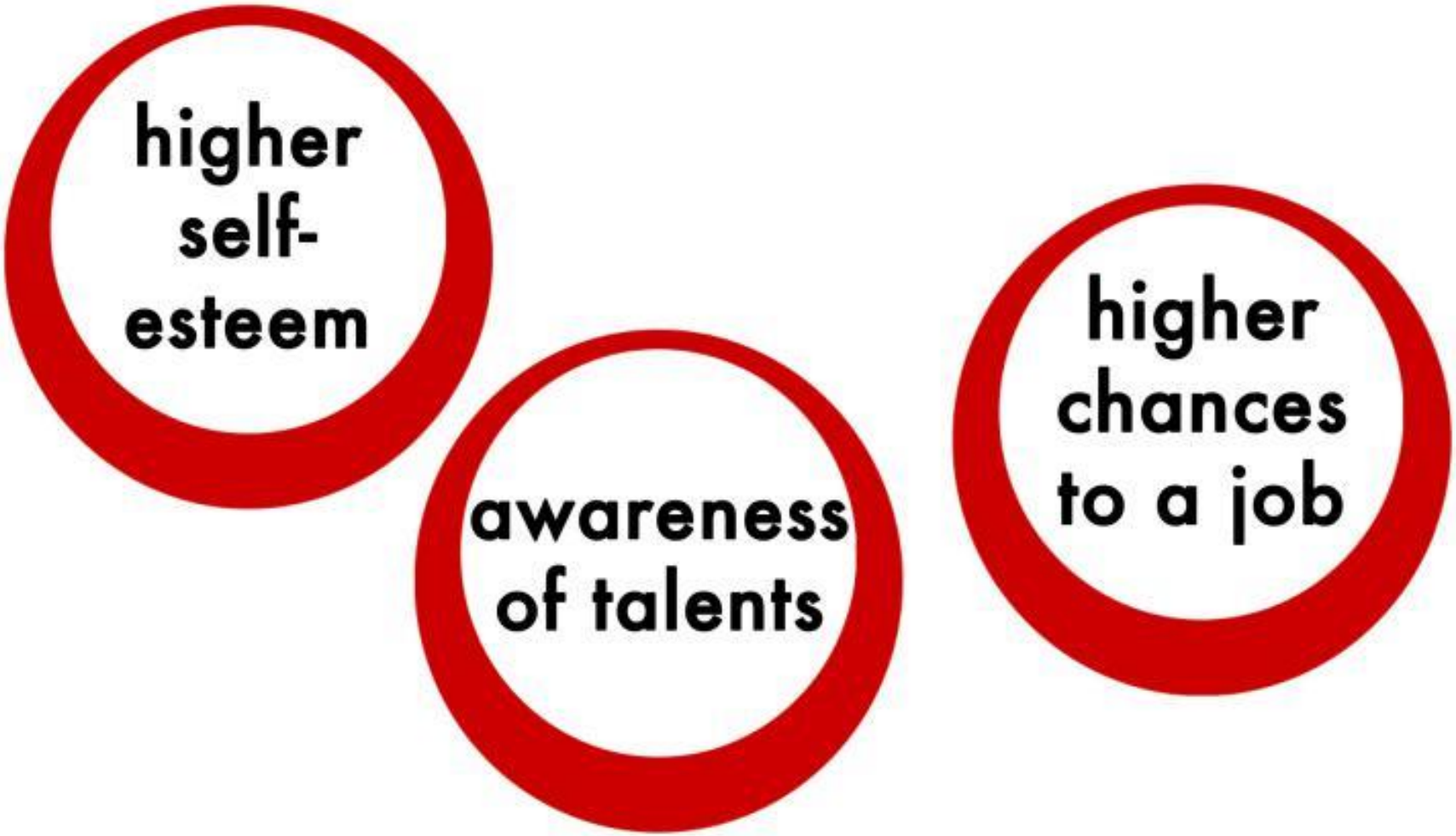
“The most difficult thing is that some people cannot go about with my disabilities.”
Sarah

At the end of the school year I received biscuits and presents from the children and their mama's ☺

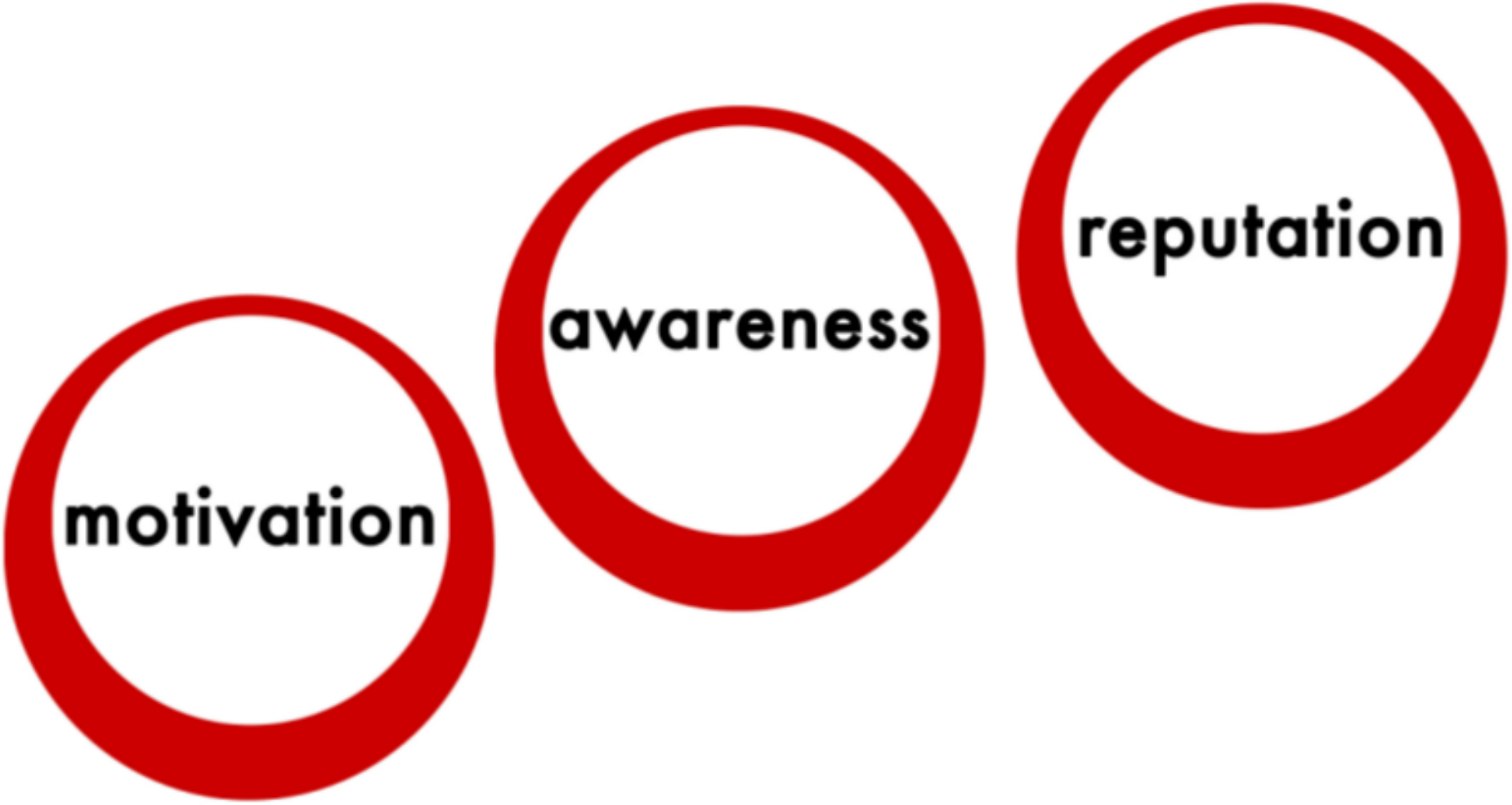
During the training I got a photo-task: taking pictures of what I've learned and what and who are important for me.

These are all the people that are important to me.
Especially my godfather: he has a special place in my heart.

“Because of my disability there are many obstacles. I think it is important to persevere everyday”
Sarah



Impact on Sarah



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120 students/year

expand network

Next Years

province by province
internship
scale up to 15

Our plan

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