

**Instituut voor Gebruikersparticipatie en Beleid**





# Personal budget empowerment and independent living

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# Personal budgets or direct payments in healthcare

- Has been an initiative of the patients rights movement
- Led to all kind of initiatives for independent living
- Demands accessibility of social institutions
- If necessary with personal assistance
- Which is delivered on the conditions that are determined by the person himself

# Some numbers:



- In 2010 2,1 miljard Euro was spent on PGB.
- about 10 % of the total healthcare budget in the Netherlands government
- We have about 150.000 people with a PGB.
- 20 % of those who get care via the AWBZ have a PGB.

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# Participants in our research

- 49 persons with a PGB
  - 17 parents of youngsters who have a PGB
  - 8 partners of persons with a PGB
  - 2 neighbours of people with a PGB
  - 16 personal assistants
  - 5 pgb consultants
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- In total we covered 61 people with a PGB

**N = 61**

- **Physical disability** 62%
- **Psychiatric disability** 59 %
- **intellectual disability.** 16 %
- **Disabilities of senses** 5%
- **Man** 51%
- **Woman** 49%
- **Age: 0-18** 16%
- **18-64** 74%
- **65+** 10%
- **Living alone** 41%
- **Living in family** 54%
- **Living in a shared home** 5%
- **Background from Netherlands** 82%
- **From foreign countries** 18%
- **0-2 years PGB** 10%
- **3-5** 44%
- **6-8** 22%
- **9-11** 15%
- **12-14** 5%
- **15-17** 3%

# Results 1

- Quality of life, empowerment and independent living and healthcare innovations
- Choices made:
  - Who
  - What
  - Where
  - When
  - Why
  - How
  - How much

## Results 2

- Knowledge about:
  - + how the market of healthcare functions from healthcare consumers point of view

## 10 market features in relation to PGB

- 1 People with Pgb buy healthcare, do not have an intake but do a job interview with a candidate.
- 2 They negotiate about what, when, etc: your personal plan
- 3 Ask for a proposal/proposition
- 4 They are calculating and by calculating:
- 5 They do not want and buy too much care
- 6 They try to save budget for more difficult times
- 7 They try to find own solutions and be creative with scarcity
- 8 Much more fine tuning between caretaker and caregiver
- 9 They often do not want expensive professionals but less expensive informal carers
- 10 They define quality of care by f.e, personal qualities of carers, flexibility and proximity

# Home made care

Small scale

Organized by yourself

Controlled by yourself

At home

PGB is a system which facilitates  
small scale initiatives on a large scale

# Advises about The market

- Bring users/consumers in a position to make their own choices
- Stimulate economic choices of users
- By financial incentives for users:
- Let users share in the savings they do.